



May, 2022 Newsletter

A word from your Community Leader

“Loretta McGregor, Near the Cross, Walk to Emmaus 50, Table of Esther.”



Hello Friends,

As I struggle to write this brief introduction, I am reflecting on the personal toll this pandemic has taken on many of us. Although my family and I have remained relatively healthy returned to many of our previous activities, my inner being remains a bit traumatized and weary. I often feel physically taxed and every new activity seems to bring with it a new wave of exhaustion. BUT, Matthew 11:28-30 (NIV) reads “Come to me, all who are weary and burdended, and I will give you rest.”

We are often most comfortable when we are home, surrounded by family. At home, we can rest and shut out the rest of the world. Your Emmaus community serves a similar purpose for your spirit. Coming to monthly gatherings is a form of being at home with you faith family. Here, your soul is replenished from the many assaults of the world.

I invited you to come find rest with your Emmaus family this weekend. We will gather, as usual, at First United Methodist in Jonesboro. We will have a potluck starting at noon and end with holy communion. Won't you join us?!

De Colores!





May Gathering

Saturday, May 6th, 2022

First United Methodist, Jonesboro

Potluck starts at noon

The Purpose of Emmaus

“Emmaus will inspire, challenge, and equip participants for Christian action in their homes, churches, and places of work.”

